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November | 2018

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**A Word from Our Executive Director,  
Jan Campbell**

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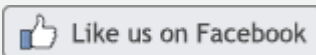
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For many of the individuals and families we serve, the holiday season is lonely and sad. Often separated from friends and loved ones, those fleeing abuse feel isolated and afraid. At DVS, we do what we can to normalize their lives during a time when it seems the whole world is wrapped up in turkey and tinsel. We provide safety, shelter and support - but it's hard to fill the void left by a broken heart and shattered confidence. Our shelter and clinical staff give 110% each day - from covering the crisis lines to wiping tears and holding hands - they show up and stand up for each and every client.



I often reflect on the WHY -- Why choose this kind of work? Why keep trying when the problems feel overwhelming and unsolvable? The answer is clear - it's gratifying. Every day there are small victories ... a client gets a job, they stand up to an oppressor, they find housing ...and every day there is gratitude. Our clients constantly tell us how thankful they are that we EXIST, that we care, that we know what do to - when often they don't. We feel grateful that we were able to console, to guide, and to be authentically empathetic. Poet William Blake said it best, "Gratitude is heaven itself."

On behalf of the board and staff of Domestic Violence Solutions for Santa Barbara County, I wish you a joyful Thanksgiving.

Warm regards,

Jan Campbell  
Executive Director

[#GivingThanksTuesday](#)

#GivingTuesday is right around the corner! It is coming up on November 27 - the Tuesday after Thanksgiving. While we would normally ask for your financial support on this important day of giving, this year we are mixing things up!

THANKS  
^  
#GIVING TUESDAY

We are making this day #GivingThanksTuesday to celebrate and thank all of our incredible and generous donors, staff, board members, and volunteers. DVS could NOT survive without the support of our wonderful community.

Keep an eye on our [Instagram](#) and [Facebook](#) pages on November 27 to see exciting DVS supporter highlights!

## Volunteer of the Month

**"Gail McMullen** is a wonderful and dedicated volunteer. She spearheaded the community support group in Santa Barbara, and continues to facilitate those groups with the help of Natalia, our Associate Marriage & Family Therapist.



Every week Gail spends time preparing materials for the group, engaging participants, and providing support to anyone who wants to learn about domestic violence. Gail does all of this because she has a passion to help survivors of domestic abuse. DVS is fortunate and thankful to have such a wonderful volunteer."

- *Carolina Najera-Magana, Clinical Director  
Domestic Violence Solutions*

## Donate Warmth for the Holidays!



We need warm items for the clients in our shelters! Please donate new jackets, cozy blankets, sweaters, pants, scarves, socks and other cold-weather items. Thank you!

For questions about donating, please email Jenni-Elise Ramirez at [JenniEliseR@DVolutions.org](mailto:JenniEliseR@DVolutions.org).

## You Are Not Alone



Join our **FREE** domestic violence support group, Mondays from 4:00 - 5:15 pm.

- Increase your self-esteem
- Gain support
- Recognize signs of abuse
- Create a safety plan

**Location:**

CALM (Child Abuse Listening Mediation)  
1236 Chapala St, Santa Barbara, CA 93101

**To attend or for more information:**

Contact Carolina Najera-Magana  
at [CarolinaN@DVolutions.org](mailto:CarolinaN@DVolutions.org).

## 40-Hour Domestic Violence Training

## Our next 40-Hour Training is right around the corner!



**Santa Barbara - December 4, 6, 7, 10 & 11**  
Community Partner Center, Union Bank  
15 E Carrillo Street  
Santa Barbara, CA 93101

Trainings are \$225 per person, and run from 8:15 am until 5:00 pm. We offer partial scholarships for nonprofit participants.

### Why Take Our 40 Hour Training?

- Trainings meet the requirement for certification by the State of California for those who wish to work directly with victims or perpetrators of domestic violence
- Learn evidence-based strategies for counseling and client advocacy that support recovery
- Develop referrals and network with other professionals serving in the local community
- Learn about the legal system that protects the rights of intimate partner violence survivors

For more info or to register please email Eloisa Patterson at [EloisaP@DVolutions.org](mailto:EloisaP@DVolutions.org) or visit our [website](#).

**Aloes in Wonderland - Thank You!**



Thank you to all who attended our "**Aloes in Wonderland**" volunteer/donor appreciation event on November 4! It was a magical afternoon consisting of thanking our supporters, meeting our new Executive Director, Jan Campbell, and gorgeous garden tours.

View our photo album [here](#).

**Special thank you to:**

*[Jeff Chemnick & Satie Airamé](#)*

*[Chris Fossek Music](#)*

*[Creative Services Catering](#)*

*[Kelsey Crews Photo](#)*

*[Blue Star Parking](#)*

*[Pacific Press Santa Barbara](#)*

*[Julie Capritto](#)*

## Upcoming Events

# Save the Date!

### **11th Annual Luncheon**

***It Takes More Than A Village...  
It Takes A Community***

**Sunday, February 10, 2019**

11:00am - 1:30pm

Four Seasons Biltmore

1260 Channel Drive  
Santa Barbara, CA 93108

To sponsor this important event, please email Jenni-Elise Ramirez [JenniEliseR@DVsolutions.org](mailto:JenniEliseR@DVsolutions.org).

## Community Partner Appreciation!

### Santa Barbara Women Lawyers

This awesome group hosted a "Wine & Cheese" Fundraiser benefiting DVS on November 14! Thank you so much for supporting us!



Taco Man Express - We want to give this amazing group of men an extra shoutout for providing delicious tacos at no cost at our Santa Maria Candlelight Vigil!



### United Way

They have continued to support our organization throughout the years. We cannot express how grateful we are!



**LIVE UNITED**

Macy's

Macy's continues to be a longtime supporter of DVS.  
We are forever thankful!



Please consider helping local victims  
of Domestic Violence:

[Donate Now](#)

Domestic Violence Solutions | 805.963.4458 | [dvsolutions.org](http://dvsolutions.org)

***Safety. Shelter. Support.***

STAY CONNECTED:



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