



Safety Shelter Support

2017-2018

ANNUAL REPORT





Domestic Violence Solutions (DVS) for Santa Barbara County's mission is to work to end the intergenerational cycle of domestic violence by providing prevention and intervention services and by challenging society's attitudes, beliefs and behaviors to effect social change.

DVS is Santa Barbara County's only full-service provider of 24-hour emergency shelter and services for victims of domestic violence.

24-Hour Crisis and Information Lines

Santa Barbara
805-964-5245

Lompoc
805-736-0965

Santa Maria
805-925-2160

Santa Ynez Valley
805-686-4390

DVS Administrative Offices

805-963-4458

411 E. Canon Perdido St. #12

Santa Barbara, CA 93101

www.dvsolutions.org

SAFETY • SHELTER • SUPPORT



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A Message from: Executive Director Jan Campbell

Twelve Months of Transformation and Growth...

When I became the Executive Director of Domestic Violence Solutions for Santa Barbara County in March 2018, the agency was nearing the end of a three-year strategic plan that focused primarily on improving our facilities and building financial strength and stability. Together, the dedicated staff and board of DVS continued to improve the core functions of **safety, shelter and support** that serve victims and survivors of intimate partner violence throughout Santa Barbara County.

Safety

During the past twelve months, we have responded to victims as they reach out for emergency help and information. As such, we answered over 4,196 calls to our 24-hours crisis and information lines, provided approximately 5,928 nights of shelter and responded to over 435 domestic violence calls from law enforcement and hospitals.

Shelter

Among the key accomplishments of 2018 was the renovation of our transitional housing facility to create two additional one-bedroom apartment units as we moved our administrative offices to downtown Santa Barbara. In keeping with our standard of maintaining facilities that we would be proud to have our own loved ones stay in, we instituted improvements in all shelters including new flooring, furniture and appliances.

Support

Our client advocates and counseling staff continued to deliver essential case management services to individuals and families – working hand in hand with more than 94 referral sources with whom we partner. The counseling staff provided hundreds of hours of counseling through individual and group sessions, and community support groups were instituted.

I am excited about the future of the agency and the evolving field in which we work. Coming up for us in 2019 is additional funding for housing, workforce training and child care for our clients as well as new prevention, education and outreach strategies. We are committed to working in collaboration with our partners to ensure the tightest safety net possible for our clients.

Of course, everything we do is made possible by the support and commitment of our donors, funders, volunteers, board of directors, and staff. Thank you for supporting the work we do as we continue to strive to end the intergenerational cycle of domestic violence.



A stylized purple ink signature of Jan Campbell.

Jan Campbell
Executive Director

Staff and Board of DVS

Our staff and board of directors work tirelessly to provide programming, funding and support in any way possible to ensure that DVS continues to provide the best services possible to those who need it most in our community.

Executive Staff

Jan Campbell

Executive Director

KC Adornetto

Director of Finance and Operations

Sandy Delos

Director of Grants and Evaluation

Carolina Najera-Magana

Clinical Director

Wendy Naruse

Director of Programs and Client Services



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Christina Songer

DVS Serves **ALL Victims of Domestic Violence**

For the past 42 years, DVS has been proudly serving Santa Barbara County.

DVS is a community leader in domestic violence issues, offering training to family, friends, community members, medical, social service, therapeutic, and law enforcement personnel on how to break the cycle of violence.

DVS welcomes **all victims** regardless of race, religion, gender-identity, sexual orientation, or citizenship status.

How to **help a friend** who is being abused:

- Believe the person. Tell the person it is not her/his fault, and nobody deserves to be abused (no matter what the partner says)
- Don't try to force the person to break up. When the person is ready, she/he will leave
- Offer your support, and refer your friend to the resources we offer
- Educate yourself about abuse



WHAT WE DO...



In the past year, DVS answered
4,196 calls to our 24-hour crisis
and information lines

Crisis and Information Lines

DVS provides 24-hour hotlines in:

Santa Barbara: 805-964-5245

Santa Maria: 805-925-2160

Lompoc: 805-736-0965

Santa Ynez: 805-686-4390

Trained staff provide counseling,
information, referrals, and access
to immediate shelter.

{ "I am so grateful I contacted Domestic Violence
Solutions. Everyone is so nice and easy to
talk to. I thank you for all of your help when I
needed it the most." — Former DVS Client }



Emergency Shelter

Victims and their children may stay in one of our **three** confidential emergency shelters for **up to 45 days**. While there, they receive emotional support, food, clothing, goal planning assistance, advocacy for medical, legal and financial resources, along with any other information and referrals they may need.

Residents and children can participate in counseling and support groups.

"I am going to miss my family here. I was supported emotionally and mentally with my own space to heal. I was always given support, even on weekends. I cannot express in words where I was when I first came in and now leaving to Second Stage. I could not have done this without DVS and my Santa Barbara girls! I am taking away so much knowledge that is priceless. I wish I knew about DVS when I was with my first abuser. My family is so grateful that their mom is safe and not in a violent situation anymore. Thank you DVS! You gave me my life back and that is priceless."

— Former DVS Client

In the past year, DVS sheltered
as many children as adult
victims of domestic violence



WHAT WE DO...



Domestic Violence Emergency Response Team (DVERT)

DVS advocates respond with law enforcement to domestic violence 911 calls and provide victims with support, advocacy and access to safe, confidential shelter.

"As a police department we work side by side with DVERT in order to educate and prevent the cycle of violence from continuing, and to better equip our community with the tools to get out of violent relationships."

— Officer Beth Lazarus, Santa Barbara Police Department



In the past year, DVS responded to over **435** calls from law enforcement and emergency rooms at the victims' location.

Second Stage Transitional Housing

After the initial emergency shelter intake, DVS offers a transitional housing program for victims who have met their goals during their stay at the emergency shelter. Residents and their children may stay **up to twenty-four months** in one-bedroom apartments, while receiving group and individual counseling and other supportive services.

Second Stage is designed to allow survivors of domestic violence to make long-term positive changes for themselves and for their children.



Rapid Rehousing Program

Through generous funding, we are able to utilize this program as a way to help our survivors remain in our community.

We offer the following supportive services:

- Housing search and placement assistance
- Assistance in applying for subsidized housing
- Information on Tenants' Rights, Housing Laws, and Violence Against Women Act
- Education on rental and leasing skills
- Case management
- Ongoing support
- Referring and linking to community resources



In the past year, DVS provided **5,928** safe nights of shelter to victims of domestic violence

WHAT WE DO...

Therapy and Counseling

DVS offers individual, group, child, and family counseling for shelter and transitional program clients. In addition, community support groups are also offered. These services are provided by licensed and intern Marriage and Family Therapists. The majority of the clients we serve have never had counseling, and are telling their stories for the first time.

Children and teens are offered individual counseling that focuses on safety and coping skills.

Carolina Najera-Magana is our Clinical Director

Carolina has worked for DVS for more than eight years. She earned her Bachelor's in Psychology from UCSB and her Master's in Psychology from Cal Poly, San Luis Obispo. She has worked with victims and perpetrators of domestic violence, persistent and severe mentally ill clients, dual diagnosis clients, and sexually offending teens. She is dedicated to her work with domestic violence victims.



Community Outreach and Education

DVS provides education and outreach activities throughout the county. Our Outreach and Program Development Coordinator, together with a team of volunteers, participates in community events, conducts the State of California 40-Hour Domestic Violence Training and provides interactive teen education in schools and community organizations. During the months of October and February, events are held to bring attention to Domestic Violence Awareness and Teen Dating Violence respectively.

Outreach and education presentations are available upon request and can be presented in English and in Spanish.

Eloisa Patterson is our Outreach and Program Development Coordinator

Eloisa has over 16 years of non-profit experience, including 10 in program development and community outreach. She has worked for DVS since 2015. She holds a Master's in Psychology, a Bachelor's in Psychology and a Minor in Chicano Studies, all from California State University, Bakersfield. Eloisa believes domestic violence is preventable and with the help of the community, we can change beliefs about resorting to violence between intimate partners and make it unacceptable.



Financial Information

July 2017 – June 2018

OUR IMPACT IN 2018



Answered **4,196** calls to our 24-hour crisis and information lines



Provided **5,928** safe nights of shelter to victims of domestic violence



Responded to **435** calls from law enforcement and emergency rooms at the victims' location



Participated in **308** educational and outreach events throughout the community



Provided **hundreds** of counseling sessions to victims of domestic violence



Sheltered **as many children** as adult victims of domestic violence

TOTAL REVENUE: **\$2,569,330**

Total public support 81%

Investment & other income 16%

Client & program fees 3%

TOTAL EXPENSES: **\$1,965,596**

Program services 76%

Management & general 13%

Fundraising 11%

From Victim to Survivor: Darlene Gregory

The cycle of violence is intergenerational. I came from an abusive relationship. As a young child I remember running out of the house to call the police on my father, or my mom asking us to call for help during a violent episode. When I was eight years old, my mom left my father and the abuse. I thought I would never end up in a relationship like that.

Women 16-25 years-old experience higher rates of abuse. When I was 19, I found myself in an abusive relationship which lasted five years. In the beginning, the abuse was a “one-time” incident. He would push me or hit me when he was angry. My partner had a drug problem and the abuse escalated when he was high.

It takes seven attempts for a woman to successfully leave an abusive relationship. It was difficult to leave because I didn’t have the support I needed. I tried several times to leave but I always came back because I loved him. We had children and I was scared.

A woman’s life is at greatest risk when she decides to leave. I finally made the decision to leave when I realized that he was going to kill me. After the kids were born, we were having financial difficulties. Then one day, we had an argument that ended with my head bashed and my face and body bruised. I remember him getting angrier and angrier. Somehow he pushed me into the bathroom. I fell and my head broke the cabinet. He kept punching me and wouldn’t stop. I thought “I am going to die”. The noise woke my son and I could hear him crying. This only made him more upset. He finally got off of me and told me “go get your son”. The way he said it scared me because I felt that he was removing himself from the situation. I was afraid that he was going to kill us both. When I finally got my son, he started pacing. He was still very upset so I started praying. I remembered the saying that “demons can’t stand where Jesus is”. I kept calling out for Jesus to help me. To my surprise my partner started crying. My head and body were hurting so bad. But he didn’t let me go to the hospital because he was scared of what I would say. He was paranoid

that I would tell on him. I realized that I couldn’t change him. When I looked at his eyes, I felt like I didn’t know him. I didn’t want my daughter to experience what I did when I was young.

Breaking the silence. I left him a week later when I could leave safely. During one of his drug binges, I had enough time to call a shelter in Oxnard. When I called they were full but they helped me connect with the DVS Santa Barbara shelter. Thankfully the shelter had an opening. It was the best thing for me because he would have found me. Being at the shelter in Santa Barbara gave me enough distance to stay strong.

Shelter, safety and support. The Santa Barbara shelter was a safe place to live and Second Stage helped me grow as a person. I had more freedom to make choices to improve my family’s future. During the time I was at Second Stage, I was able to take the classes I needed to become a loan officer. My daughter and son grew up at the shelter. It feels great to live without violence.

New beginnings. Looking back... the signs were there – the jealousy, the control, the drug use, and the violence that escalated. I thought it was because he had a hard childhood. I had to learn that I couldn’t change him. I had to change. I had to make a hard choice to have a better life. In the beginning I thought it was normal. I had mistaken the jealousy for love. And it has taken me time to learn that it isn’t healthy. I hear the different stories of people who didn’t make it; their stories aren’t that much different than mine. It wouldn’t have taken much to have a different outcome. I thank God for where I am today.



10th Annual Luncheon

Rising from the Ashes, Stories of Resilience

On February 25, 2018, DVS hosted our 10th Annual Luncheon at the Hotel Californian.



Passion Speaker Kenneth Cumbie and daughter Xiara Cumbie



Nancy Even, Joel Ohlgren and Sally Hamilton



Part of the luncheon committee: Christina Songer, Julia Black, Virginia Wigle, Laurie Barene, Melissa Rick, and Julie Capritto



Josh Nyholt, Candice Nyholt, Elizabeth Tang, and Alexander Tang



Heidi and Russ Bautista



Senator Hannah-Beth Jackson



Darlene Gregory and Mayra Rodriguez

A Community of Support

Domestic Violence Solutions would not be able to operate without support from local organizations and individuals.



Berkshire Hathaway agents deliver holiday cheer to our shelter residents year after year



Santa Barbara Association of Realtors chose DVS as the beneficiary of their 2018 Charity Golf Tournament!



Satie Airamé, Jan Campbell (Executive Director of DVS), Jeff Chemnick, and Jenni-Elise Ramirez (Development Officer for DVS) at our donor and volunteer appreciation event "Aloes in Wonderland"



UCSB Sigma Alpha Zeta ladies host a Run for Love 5K each year benefiting DVS

Candlelight Vigils and Domestic Violence Awareness Month

In honor of Domestic Violence Awareness Month in October, DVS participates in Candlelight Vigils in Santa Barbara, Santa Maria and Lompoc.



Taco Man Express generously donated their time and tacos at our Santa Maria Vigil



Santa Barbara County District Attorney, Joyce E. Dudley, delivered her speech at the Santa Barbara Vigil



Jan Campbell (Executive Director of DVS) and Edwin Weaver (Executive Director of Fighting Back Santa Maria Valley) led the memorial walk at the Santa Maria Vigil



DVS staff rocked their purple and worked to end domestic violence at the Santa Barbara Vigil

Victims of domestic violence and their families rely on people like you to help them in their time of need.

Here are just a few of the ways you can help:

- Cash contributions
- Monthly giving
- Organize a fundraising event at your workplace
- Employee matching gifts
- Gifts of stock
- Memorial and honorary gifts
- Planned giving opportunities
- A gift to our endowment
- Shop on Amazon Smile
- Attend one of our upcoming events
- Volunteer
- Engage with us on social media



We are grateful for the funding we have received from the Women's Fund of Santa Barbara and the Women's Fund of Northern Santa Barbara County. Grants from these incredible supporters have funded the purchase of playground equipment and a fuel efficient client services vehicle.



Hospice of Santa Barbara staff organized a cozy blanket and towel drive for our residents!

Please contact our Development Officer, **Jenni-Elise Ramirez**, for more information on any of the ways you can help at JenniEliseR@DVolutions.org or 805.963.4458 x109 – or visit dvsolutions.org/donate to make a donation today!

11th Annual Luncheon

February 10, 2019

11:00 a.m. – 1:30 p.m.

Four Seasons Biltmore

It takes more than a village... it takes a community

More info at dvsolutions.org/11thAnnualLuncheon



National Teen Dating Violence Awareness Month

February 2019

Learn more about February's "Love Yourself" Campaign at dvsolutions.org

In collaboration with What is LOVE and Youth Wellness Connection

40-Hour Domestic Violence Certification Training

Trainings are hosted in Santa Barbara and Santa Maria

For pricing, registration and future dates please visit dvsolutions.org
or email Eloisa Patterson at EloisaP@DVolutions.org

Connect with us:

