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## Engage

### A Word from Our Executive Director, Jan Campbell

**Dear Friends,**

Recently, I participated in a panel presentation hosted by the Technology Management Program at UC Santa Barbara called *Changing Mindsets - Women in Entrepreneurship*. My role was to provide a perspective about following a career path that for the most part was not pre-defined or unwavering. The other panelists spoke



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## DVS in the News

[KSBY: Domestic Violence victims remembered during vigil and walk](#)

[Noozhawk: Survivors Share Their Stories at Domestic Violence Awareness Vigil in Santa Barbara](#)

about their own complicated journeys. One had grown up in the projects of New Jersey and had ultimately gone on to start several very successful companies. The other, an immigrant and one of very few female electrical engineers, followed a career that moved through work at Microsoft and Amazon to angel investor - while raising three children. Both of these women spoke about listening to the inner voice that reassured them they "COULD" rather than to the outer voices shouting they "COULDN'T".

When I talk to our advocates and clients and hear their stories of successes, big and small, I see those whose inner voices come across loud and clear - determination, grit and resilience define them. In our Job and Life Skills program, we guide participants to tune out the static, tune into the possibilities and then present a plethora of opportunities to stabilize, build financial security and self-confidence. My dream is that everyone who comes through our doors exits with a renewed sense of "CAN" and then tells their story to a group of young people destined to follow their own paths.

For information on our Job and Life Skills program or how to support our clients in their efforts, please contact Betsy Phillips at [betsyp@dvsolutions.org](mailto:betsyp@dvsolutions.org).

All the best,



Jan Campbell  
Executive Director

## Domestic Violence Awareness Month



[Santa Maria Times: Marchers protest domestic violence in Santa Maria](#)

[Solutions News: Interview with Jan Campbell](#)

[SY Valley Star: Vigils to honor victims domestic violence](#)

[Noozhawk: Unite in Fight Against Domestic Violence With Domestic Violence Solutions](#)

## Today is the last day of Domestic Violence Awareness Month!

All across the country - all month long - hundreds of thousands carried on the tradition that was established in 1981 when the National Resource Center on Domestic Violence created the Domestic Violence Awareness Project. The themes have remained the same:

- To **Remember** those who have lost their lives to domestic violence
- To **Celebrate** the resilience of those who have survived
- To **Connect** those in all walks of life who work to end violence.

We would like express our deepest gratitude to all who participated in this important month of awareness and remembrance. Even though Domestic Violence Awareness Month is coming to a close, let's pledge to bring our **strong voices together** and commit to zero tolerance for domestic violence.



## Domestic Violence Candlelight Vigils

Tremendous thanks to each and every one of you who were a part of our vigils in Lompoc, Santa Maria and Santa Barbara. We couldn't do it without our donors, community partners, volunteers, speakers, and other supporters!

**Thank you MAD Fitness!**



### **MAD Fitness Charity Workouts**

MAD Fitness is generously hosting donation-based charity workouts each Sunday in November! The classes will be held at 9:00am, alternating between spin and group fitness. Come get sweaty and support a wonderful cause! Learn more at [madfitnesssb.com](http://madfitnesssb.com).

### **Mark Your Calendars!**

#### **12th Annual Luncheon**

Sunday, February 23, 2020

11:00 am - 1:30 pm

Four Seasons Resort The Biltmore



We are incredibly excited to announce our keynote speaker...coming all the way from Washington D.C.!

#### ***Rachel Louise Snyder***

***Author of "No Visible Bruises: What We Don't Know About Domestic Violence Can Kill Us"***

Purchase your copy [here](#).

Take a look at this informative article published in the New York Times: "[An Extraordinary New Book Dismantles the Myths That Surround Domestic Violence](#)".

**Keep an eye out for the upcoming ticket release - you won't want to miss the 12th Annual Luncheon!**

## 40-Hour Domestic Violence Certification



**Become 40-Hour Trained!**

Our next session is in Santa Maria on December 4, 5, 6, 9 & 10. Learn more [here](#).

Please consider helping local victims  
of domestic violence:

**Donate Now**

Domestic Violence Solutions | 805.963.4458 | [dvsolutions.org](https://dvsolutions.org)

***Safety. Shelter. Support.***

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