

Great.com interviews Domestic Violence Solutions about breaking the intergenerational cycles of domestic violence

Karim Bukhadurov from <u>Great.com interviewed Domestic Violence Solutions</u> as part of their <u>'Great.com Talks With...'</u> podcast. This series is an antidote to negative news stories that aims to shed light on organizations and experts whose work is making a positive impact on the world.

The Rise of Domestic Violence During Lockdown: What to Do When Home Isn't Safe

Statistics show that only half of domestic violence victims report the crimes they are subjected to. This is due to the shame and stigma surrounding the complex issue, as well as the perpetrators often being family members, friends and loved ones. The true rates of domestic violence are therefore notoriously hard to track. Clear to see though, are the significant rises in cases throughout the world since the stay-at-home restrictions were imposed. Jan Campbell, from Domestic Violence Solutions (DVS), describes their work to tackle the root causes of domestic violence and provision of emergency shelters and support programs for survivors.

Breaking the Intergenerational Cycles of Domestic Violence Through Emergency Shelter and Life Development Programs

Due to the level of damage imposed by domestic violence, it unfortunately tends to work in intergenerational cycles where the victims end up acting out similar abusive behaviors they were subjected to. It is vital, therefore, to ensure victims receive the emergency support and safe space they need to recover and not perpetuate violent cycles. First and foremost, Domestic Violence Solutions offer emergency shelter and safe houses for those fleeing domestic violence situations. These allow the initial healing to begin, in conjunction with counselling and clinical support. Once they are back on their feet, DVS also provides support with job seeking and life-development skills in order to open employment opportunities and return survivors to the rhythm of daily life.

Alongside intervention, Campbell details DVS' various prevention programs which help to educate people and groups as young as elementary school students to ensure that abusive cycles are broken. DVS raise awareness by teaching young people about healthy relationships, ways to handle their feelings and how to set healthy boundaries. Responding to more recent growth in digital violence and manipulation, DVS works to educate about the negative effects of social media and how to deal with digital threats and forms of possessive behavior.

Listen to the <u>whole interview</u> to hear more about DVS' educational curriculum and preventative programs to ensure the cycles of domestic violence are stopped in their tracks. You can also visit their website for <u>support groups and emergency services</u>. If you would like to support DVS' work you can also <u>donate directly to their programs</u>. Let's work together to break the stigma of seeking support for domestic violence issues.

<u>Great.com</u> is an organization that wants to mitigate the global climate crisis by donating all of its profits to climate research initiatives. To generate the most money possible, they are getting creative and thinking outside the box. The organization works in a traditionally harmful and greedy industry — online casinos. They're taking money that would otherwise go in the pockets of millionaires and <u>moving it to high-impact organizations aimed at solving</u> climate change.