

# Myths About Domestic Violence

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False

Battering is rare. Only some people experience it.

**True**

**The FBI estimates that, on average, a woman is hit by a male partner every 18 seconds in this country. Some researchers estimate that one-half of all adult women in this country will be hit at least once by a male partner.**

False

Religious beliefs or practices will prevent battering. Battering does not occur within certain faiths.

**True**

**Battering occurs by members of all faith and creeds.**

False

Domestic violence only occurs in uneducated, minority, or poor communities.

**True**

**Domestic violence occurs in all communities in our country. Race, lack of education or wealth, and social background do not make battered women. Many rich, educated and well-to-do couples experience domestic violence.**

False

Victims of domestic violence cannot recover. They will always be battered and damaged.

**True**

**Survivors can heal and recover from abuse. They can learn to protect themselves from more violence. However, damage caused to relationships from battering is difficult to repair.**

False

Violent behavior can never be changed. People who use violence are brutal, evil psychopaths who lack morals.

**True**

**Batterers may feel like they have no control over their behavior. However, they have total control over their violence.**